



Discount medical plans are provided by Patriot Health Florida, Inc., a discount medical plan organization. The plans are not health insurance policies. The plan provides discounts at certain health care providers for medical services and does not make payments directly to the providers of medical services. The member is obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with Patriot Health Florida, Inc., located at 160 Eileen Way, Syosset, New York 11791. Not available in MT, ND, SD and VT.

**You and your immediate family members have unlimited access to a master's level therapist via a toll-free number. All counselors have been specially trained to offer prompt, confidential counseling to help you and your immediate family members deal with and overcome the problems that they may encounter every day.**

## Features:

- Toll-free, confidential access to a master's level therapist for telephone counseling 24 hours a day, 365 days a year.
- Free Support and Self-Help Group Referrals.
- Referrals to a local licensed therapist for face-to-face counseling at a specially discounted membership rate.

## Counseling Covers Wide Array of Issues Including:

- Stress and Anxiety
- Depression
- Marital and Relationship Difficulties
- Grief
- Substance Abuse Issues
- Job Stress
- Child Problems Including Child Care Referrals
- Family Issues such as Blended Families, Adoption, In-Law Problems, etc.
- Wellness Issues Including Quitting Smoking and Weight Loss
- Other Mental Health Issues Including PTSD, Bi-Polar Support, etc.

## How to access this program:

Call the toll-free number to speak directly to a therapist.