



E-mail access
to board-certified
doctors.



**Access to board-certified physicians
and licensed psychologists.
100% confidential!**

With **eDocAmerica**, you simply e-mail your questions about personal and family health issues & concerns to a board-certified physician or licensed psychologist with complete confidentiality. You'll receive a personalized response to your specific questions with 24 hours – most replies arrive within 2-4 hours!

Because of **eDocAmerica's** convenience, you may address health concerns early and catch problems before they become more serious. It is available to plan members and their immediate family.

Some benefits include:

- Fewer office visits and less worry
- Physician input on treatment for illness, nutrition and fitness
- Never a co-pay...ever!
- Access to licensed psychologists for your behavioral health and mental questions
- Weekly health tips and online Healthy Lifestyle Assessment
- Searchable medical and video library
- 24/7 Nurse Call Line for more urgent concerns and questions

How to access this benefit:

1. Go to www.edocamerica.com and click on the "Register Here" button.
2. Select your employer company from the drop-down menu.
3. Enter your member number and your last name and follow the simple on-line directions.

THIS IS NOT HEALTH INSURANCE

